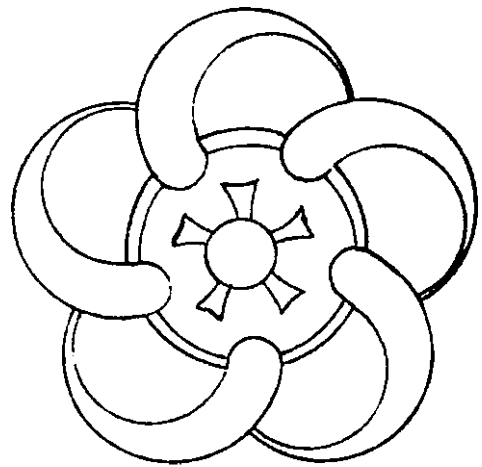


Psychic Self-Defense

by
Riley Hansard Crabb

PART I

Pre-Conditions For **Attack**



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LESSON FIFTEEN in the Invisible Reality Behind Appearances

Psychic Self-Defense, Pre-Conditions For Psychic Attack, Part I

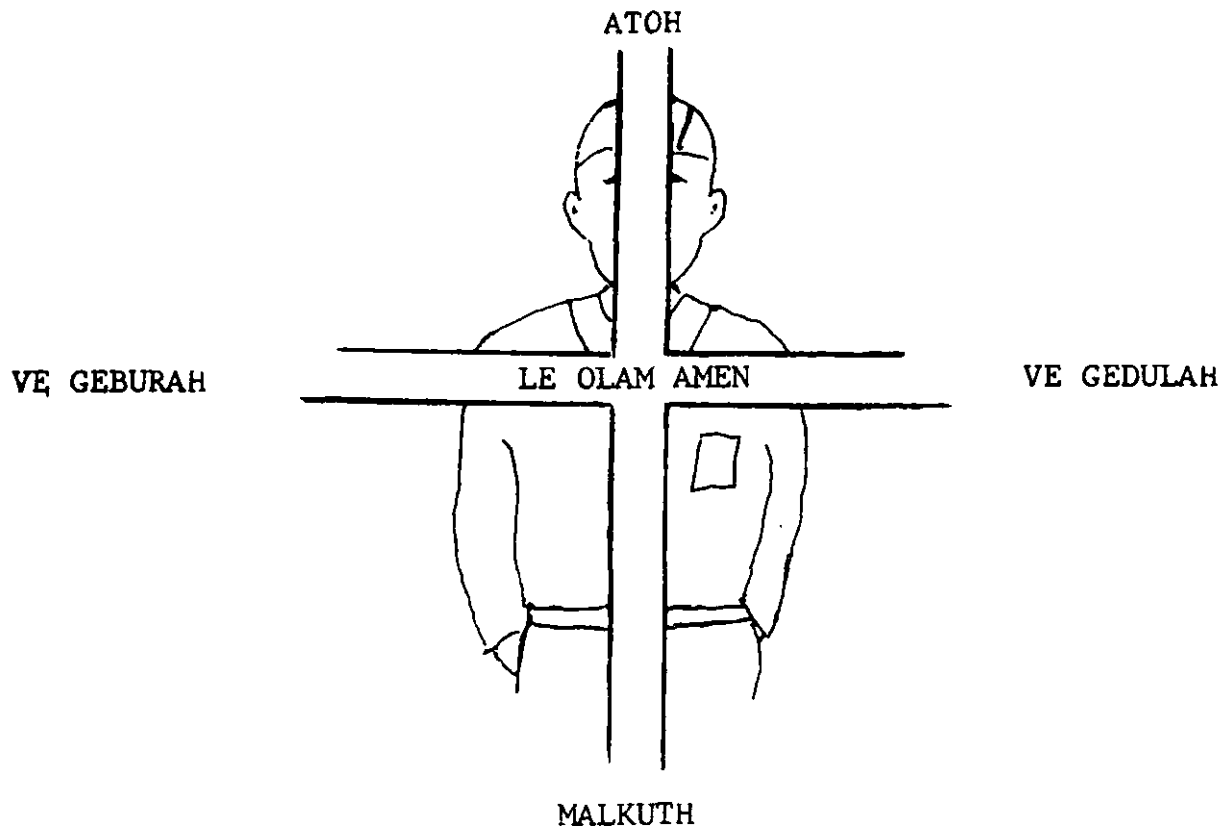
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PSYCHIC SELF-DEFENSE, PART I

This was class number six in a series on the Cabala given at the home of Mrs. Esther Ellsworth, Morongo Valley, California, Sunday afternoon, March 5, 1972, ten members present. The basic material for the class was drawn from Dion Fortune's book of the same name, "Psychic Self-Defense". Part I was designed to show the students that they lay the groundwork for psychic attack by their own misbehavior and/or ill health. This is the reason for emphasis on comparative purity or cleanliness in thought, feelings and body, and on daily rituals for cleansing the aura of unwanted attachments (magnetic resonance, the scientists call it) to things and people, and rituals for protection.

First the Cabalistic Cross to balance the elemental forces within ourselves, all chanting in unison:



We point above our heads and chant Atoh, point toward our feet and chant Malkuth, touch the right shoulder and chant Ve Geburah, touch the left shoulder and chant Ve Gedulah, clasp the hands in front of the solar plexus and chant Le Olahm Amen. This simple but powerful cleansing and protective ritual comes at the end of the Paternoster, the Lord's Prayer and can be done in English if one prefers: Atoh (For Thine), Malkuth (is the Kingdom), Ve Geburah (and the Power), Ve Gedulah (and the Glory), Le Olahm Amen (for ever and ever, Amen).

THE INVOCATION TO THE FLAME

This ancient, pre-Christian prayer goes back to Egyptian times and the Brotherhood of Luxor. We found it in the English translation of the Abbe de Villars' "Comte de Gabalis" (Count of the Cabala) and recommend it for use by individuals and groups in the Western Mystery Tradition.

"I call upon Thee, O living God, oh unseen parent
of the Sun. Pour forth Thy life-giving Power,
and energize Thy divine spark. Enter into this
Flame and let it be agitated by the breaths of
Thy Holy Spirit. Manifest Thy power and open for
me the Temple of Almighty God which is within
this Fire. Manifest Thy Light for my re-generation,
and may the Breadth, the Height, the Fullness
and the Crown of the Solar Radiance appear, and may
the God within, shine forth."

THE MIDDLE PILLAR EXERCISE

We use a chart of the human form similar to the drawing on the following page. Visual aids like this are important in encouraging the student to develop and train his or her imagination. Of course the "eyes" or "chakras" are given their appropriate colors. There are five of them, the most important ones along the spine or Central Pillar of the human body. The student is not encouraged to work on any of the other five singly until he or she has a teacher who can guide them in such specialized development. The other five "eyes" are part of the ten Sephiroth shown on the Tree of Life. Refer back to our early Lessons, one through six, or to Regardie's "The Middle Pillar".

The Middle Pillar has great healing potential if used regularly, as the chanting and the visualising cleanse and stimulate these centers of force in the aura. You can use it as a mental device for healing others at a distance. I do. See them standing before you in your imagination. Start with Kether above the head, work your

Colors of the Eyes
along the Middle Pillar:
White Brilliance

The God Names to
be Chanted:
Ehehieh

Lavender

DAATH

Yod He Vau He
Elohim

Golden Yellow

TIPHARETH

Aloah Va Daath

Purple

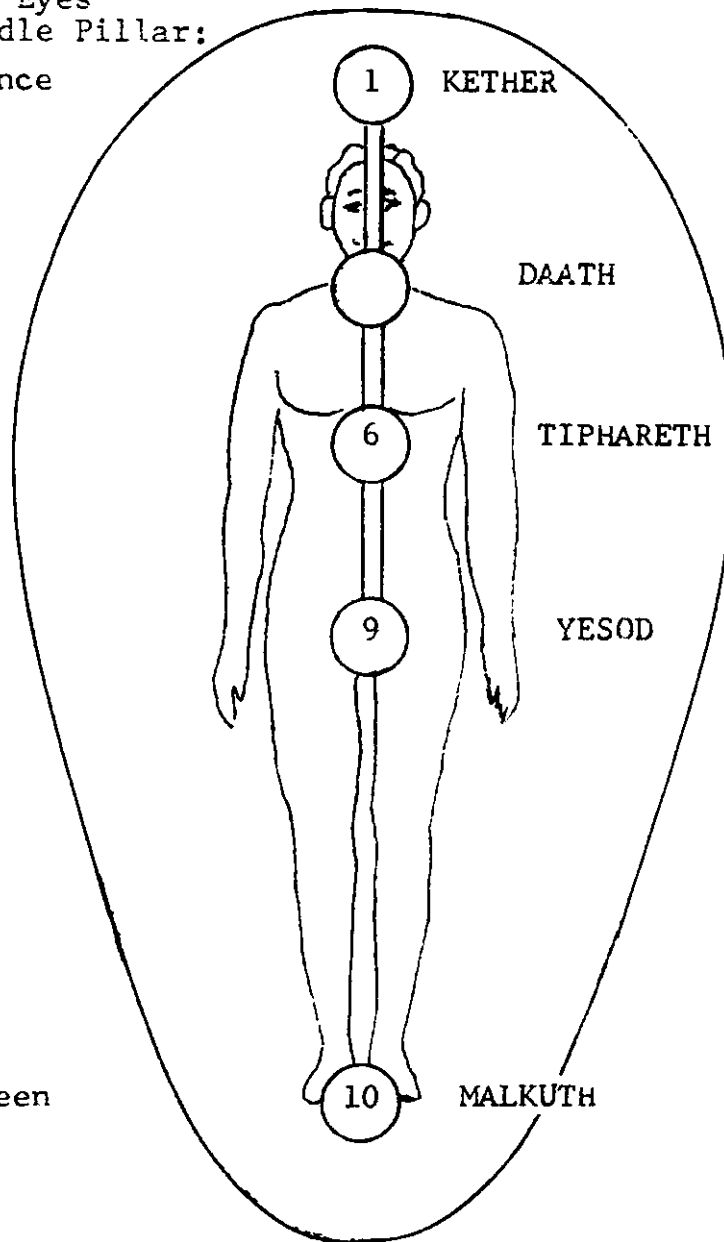
YESOD

Shaddai El Chai

Dark Olive Green
or Black

MALKUTH

Adonai Ha Aretz



way down the Eyes or force centers to Malkuth and back up again.

In our last class on the Cabala I may have talked to fast. I was pretty nervous because I had a touch of the flu, without fully realizing its effect on me. That's about as sick as I ever get. The day before, on Saturday, I had to lie down about four times during the day and take a little nap -- which is a little unusual, too. Others there in Vista, however, were sick for a week, two weeks, and making slow recoveries.

Back in the 1880s influenza swept the world, at the time H.P.

Blavatsky was writing the "Secret Doctrine". She made reference in there to the flu epidemic being caused by a significant change in the Ozone of the atmosphere. This was a world-wide phenomenon produced by some change in cosmic energies coming to the earth. I believe she wrote that in Edinburgh, Scotland over 40,000 people got sick all at once.

This should make you aware of the fact that cosmic energies are going through us all the time and affecting us; so illnesses of this kind may not be your fault at all! You might say the whole planet is momentarily sick -- from the human point of view -- and living on the planet you are caught up in this sudden change of forces. How you react to changes in the body of the Planetary Logos would depend on your astrological type. One might be stimulated by the change, another caused to fall ill.

IS THERE ANY DEFENSE? YES!

Today we are getting into this area of the kinds of invisible forces which affect us, into our consciousness of these currents of energy and what they may do to us -- unless we take precautionary measures of the kind with which we opened today's class. So the subject of today's class is "Psychic Self-Defense". This will continue on to the next meeting and perhaps the one in May. It's a tremendous subject. Today we lay the groundwork for understanding why we leave ourselves open to Psychic Attack.

In trying to understand the need for Psychic Self-Defense we cannot avoid getting into certain sensitive, personal areas of life -- of your life and my life. So I might as well start out by saying that in dwelling on these various weaknesses and shortcomings in people please don't take them too personally. Let me say right now, in talking about hysterics and neurotic people, I've had my hysterics and will have. I have had my neuroses and will have, and so have you. We're all guilty of aberrated behavior. In fact you can't avoid it if you are a human being, and especially if you are cooped up in this planet earth which is the biggest jail in the solar system. You are having institutional problems.

You will understand what these institutional problems are as this talk goes along. We are all here. We are all stuck in this place -- even if this is your only lifetime here; so let's be relaxed and informal. I don't want to hurt anyone, believe me.

Every living creature here on the earth is a channel for Life Force. This is why they are alive. This includes the insects, the birds, the bees, fish, animals, human beings, plants. The Life Force which sustains them comes from the Logos of this system. I'm speaking of the solar system. This is our universe -- until we learn how to get out of it. This stream of energy which sustains the life of every creature has three main subdivisions.

THE THREE BASIC DRIVES OF LIFE

These three are: 1. The urge for self-preservation. This must be first. 2. The urge for self-reproduction. 3. The social instinct.

The trouble with these three main springs of existence is that they can be blocked. When there is blockage of anyone or two of these basic instincts then you try to adjust as best you can. But suppose your adaptation to the situation fails; then the dammed up energy will overflow in other directions. We might say that it creates a swamp in the emotional system. In that swamp harmful bacteria can breed and there's trouble.

Emotion is a subjective instinct and we react instinctively if anyone of these drives is affected in any way. The most obvious reaction is when someone casts a slur upon us, insults us. What is this person hitting? The self-preservation instinct, and the instinct is to strike back at them in self-defense, to insult them back or if the reaction is strong enough, to hit them with a weapon. Any argument about this instinctive reaction to an insult to our dignity?

Now the reproductive instinct. The most obvious example of that is the drive to create children and thus the preservation of the race; but we aren't inclined to realize that the reproductive instinct expresses itself at higher levels in the love of art and the creation of beauty. For instance our hostess here and her creating her concept of beauty in her home. She is expressing outwardly and objectively her inward, subjective creative drive; and so are you who love music and create it.

The science of life is studying these three basic instincts and how they are expressed on various levels of consciousness -- other than the obvious ones. The love of beauty, then, is really sex on a higher arc. In fact this is one way to sublimate the generative energies and put them to constructive use. In the study and practice of occult science, of metaphysics, you have to do this.

Now the all-important social instinct. This is one reason why we like to get on a team in athletics, where one is accepted into a group with a common goal. Then there is the need to see and be seen, like going out to dine, one of the basic social needs. Keeping up with the Joneses covers most of us, doesn't it? We like to be with and to be liked by our fellow creatures. This is basic, just as basic as the other two.

But when there's a blockage of any one of these three then the ego, the personality and the Higher Self, have to make desperate attempts to try to compensate for that blockage. If you cannot compensate for a block, if your personality is too inelastic to yield, then you go outside the civilized bounds to try to find some sort of satisfaction. The most common way is to retreat into daydreams. This

is true of the majority of the human beings in the world today. They are living most of the time in a world of dreams of the past. Memories of pleasant experiences which give them some sort of satisfaction because they get no satisfaction out of their present life -- or very little. The mind turns from reality to imagination. A lot of importance is given to symbols of reality, rather than reality itself.

WHEN ADAPTATION FAILS

The mind is the organ of adaptation to environment; there is no question about it; but here is where neurosis and hysteria begin, when adaptation fails.

One of the most powerful examples of the Self Preservation instinct here in America today is racial prejudice, the prejudices against the minority groups. One good example of the failure to adapt that comes to mind is the experience of Josephine Baker, "l'Americaine" to the French, who adored her as a cabaret entertainer, and who admired her for her work in the Resistance against the Germans in World War II. Here in her homeland she was just another nigger to the white racists who live in mortal fear, hysteria, that the blacks will take over.



Josephine Baker

Years ago, during one of her visits she and her party had dinner at the Ambassador hotel in Los Angeles. As luck or fate would have it, her party was seated next to a dinner party of white racist southerners. Of course to the southerners, this was a threat to their Self-Preservation. They couldn't adapt to the situation and became very abusive and loud in their remarks toward niggers.

Miss Baker wouldn't take it. She didn't have to take it and hadn't during her years of equality in France. She called the manager of the hotel. The upshot was that the white racist dinner party had to leave the hotel. Their failure to adapt became hysteria and anger is an extreme form of it. Racial prejudice is Self-Preservation.

(In April 1975 Josephine Baker was preparing for another American tour, rehearsing on the stage of the Bobino Music Hall in Paris. She collapsed there and died two days later, April 14. The French thought so much of her that she was given a state funeral on the steps of the Madeleine. Soldiers were her pallbearers, a volley of 21 guns was fired in her honor. The cortege traced a route past the music halls and theaters where she had played. The tricolor of France was placed over her coffin and on that the Legion of Honor. Why did Josephine push herself beyond endurance to make money in her art? She was impoverished from supporting an orphanage which had twelve children in it at the time of her collapse. This is the

kind of self-sacrifice which could put her feet on the Path in the next life. It also guarantees that she will be born in affluent surroundings, to understanding and loving parents, who will and can give her every encouragement to develop her talents to the fullest. If you would be helped, help others. That is the law.)

THAT OBVIOUS NEUROSIS, CANCER!

Illness is a result of neurosis. One of the most conspicuous examples of that in the United States today is cancer. I believe biologists are pretty well agreed that cancer is an example of the creative function of the body gone wild. Cancer cells are living their own life, a parasite existence in the host body of the victim.

From my own years of counselling people on emotional and occult problems, my experience has been that any one who has come to me with a known cancer has a deep prejudice or bitterness they've been nursing for years. Usually it's against their parents because of some abuse suffered in childhood, real abuse. There is real reason for the resentment and the bitterness. Some of the creative energy of the system is turned off into this negative memory, this area of the cancer. The body is isolating a certain amount of its creative energy, its sex energy, into an area where it can cope with it and go on living, for awhile at least; but Self-Reproduction has been turned into Self-Destruction in the neurosis called cancer.

It isn't too difficult to get the sufferer to talk about his or her pet hate consciously; but to get them to consciously give it up, to forgive and forget, both themselves and their parents, is another matter and may take months, even years of psychiatric counselling.

Speaking of neurosis reminds me of Henny Youngman's definition of it: A neurotic is someone who worries about something that did not happen in the past -- instead of worrying about something that wont happen in the future, like the rest of us.

Alcohol is a neurotic escape from unpleasant situations or the oppressive demands of daily living. Alcoholism is a problem common to priests who lead, or try to lead, chaste lives. There is a good reason for that; they are forced to block their creative energies at the normal outlet and are unable to sublimate it all in their work and service. Heavy drinking helps to burn it up. Heavy eating also cuts a safe channel around a sexual block.

My sun sign is Aries, supposed to be one of the sexier Zodiacal signs; perhaps this is why I ate so much candy when I was a kid and in my 'teens, to burn up the creative energy.

As I said, neurosis is going around a blockage of one or more of the three basic instincts. The frustrations of an unsatisfactory

marriage, so there is no self-fulfilling outlet there, forcing the partner to seek other means of releasing the generative energies.

Hysteria is an indication that there is blockage of one or more of the creative, basic instincts but there is no attempt to create a new channel. The blockage remains and finally the pressure gets so bad the energy comes through in spurts. Then you have a hysterical outburst, crying, rage, the person is in perpetual difficulties, convulsive movements of various kinds.

DER FEUHRER

One of the most powerful examples of the hysteric, on the international scene a few years ago, was Adolf Hitler. His hysterical rages in Germany, during the time he was running the country, were legendary. Now that the surviving Nazi leaders are publishing their memoirs the reason for Hitler's hysteria is coming out into public.

Hitler's "fool", the one who entertained him in the early days, Putzi Hanfstaengel, is living in the United States now I believe. He has stated categorically that Hitler was impotent, possibly from birth. Hitler was born a eunuch and could not have normal sexual relations; so his generative energies were dammed up, blocked at the crotch, and exploded out in other ways in destructive violence -- that which he couldn't sublimate in constructive work.

Hah! Perhaps we should say that Hitler didn't sublimate any of his creative energies but turned them all downward in a self-chosen course of evil, deliberate evil

It is true of Adepts on the Path, many of them, that they are "eunuchs from birth" because the life plan before birth calls for the preservation and use of the generative energies for the fulfilling of that plan. None is to be wasted in sexual indulgence. But with the Adept on the Left Hand Path you will find plenty of aberrated sex! There will be orgies in which the Adept takes and takes the unpolarized sexual energies of his partners, without giving anything of himself. If you can obtain a copy of Ravenscroft's "Spear of Destiny", by all means do so, and study it; for it contains revelations on the black magick practiced by Hitler.

The neurotic who is frustrated in one of the three life channels usually chooses some harmless subject or hobby into which he or she can pour their feelings. A good example of that is the widow or divorcee who has six or eight dogs to take care of, or a house full of cats, into which she is pouring her love. Which is not to say that I am condemning pet owners by any means; I'm just giving an exaggerated example of it.

Neurosis is not insanity but it is an irrational, tricky business, with many loves and hates. Is it organic neurosis or insanity? To the observer it shows up the same as neurosis caused by mental

and emotional blocks; but in the case of organic insanity or neurosis, the cause is physical, a center of sepsis or poison in the body, injury to the brain or impure blood. A tumor which is growing on and pressing one of the glands is another organic cause.

NO CURE FROM PSYCHOTHERAPY

This kind of condition will not respond to psychotherapy because it is physical. If the tumor cannot be found or extirpated -- cut out of the body -- or if the blood cannot be purified -- then there is no cure. The insanity will go on to its logical conclusion, insane asylum or death.

A class member brings up the problem of our natural aggressiveness and the fact that as civilized people we cannot let it out as do the primitives. I agree. We do have to suppress our combativeness. We have to hold it in and this can cause neurosis. Such disciplining causes gray hair.

One example of the poisoned-blood situation is the spastic child. When we get into this area of organic neurosis, incurable insanity or illness, we have to think of possible karmic causes. How long has the blood been impure? If the child is spastic at birth, obviously the impurity in the blood was there before birth.

There are six major control centers in the body, each a brain in itself. The motor center is the one which handles body movement. It has a switchboard like the others. In the spastic child the signals get mixed up. He wants to move his hand to scratch his nose, for instance, and his foot moves instead -- jerky movements, spasmodic movements typical of hysteria. Medical science tries to explain such erratic behavior to an injury to the child's head while being carried in the mother's womb, or at birth, or perhaps to heredity.

Even if there is injury to the head the cause is karmic in my estimation. A previous personality in the line of lives practiced cruelty to others. That was the action. The corresponding reaction is to be imprisoned in a body which has suffered irreparable injury similar to that caused by torture.

There are several examples of this in the Edgar Cayce readings. In Gina Cerminara's review of many of the readings, "Many Mansions", there is one given to parents who had a spastic child. It was said that this child, in a previous life, had been a Russian nobleman of the Middle Ages. Having absolute power over his peasants, he was absolutely corrupt in using it, sending his enemies off to Siberia, having them tortured, having husbands put away so he could be free to seduce their wives. The conclusion of the reading was: "He had no pity. He deserves none." The Cayce control saying that he wouldn't lift a hand to relieve or help cure this particular case.

THE REINCARNATED TORTURERS

Apparently there is no "remission of sin" for those who deliberately practice pain and cruelty on others. It has to be worked out in a crippled, stunted body, just as limited and pain-wracked as the bodies of the victims of the torturer. I see them in Vista every time I walk downtown to the Post Office past a large grade school on the way. It has a special, fenced-off section as a playground for handicapped children. 25 or 30 of them in our small town of 25,000 people. Compassion? Yes. Pity? No. I see them as victims of their own depraved actions in a previous life.

There is the best proof of reincarnation there is, in you! Your conscience, which warns you not to practice cruelty on others -- because you have been cruel in the past and suffered the results of doing it. Memories of that suffering are carried over in that "still, small Voice" in the heart. The great Greek philosopher, Plato, pointed this out in his teachings, 2500 years ago.

So the impurity which causes the crippled condition is there in the blood before birth and it isn't likely that it can be gotten out except by living it out in this life. Organic neurosis.

Then you have the person who is haunted by elementals he or she has created in a past life with Black Magick. There was one who was next-door neighbor of my partner in a publishing business in Honolulu years ago. We went over to his home several times in the day time to get some book work done. We could hear this teen age boy next door, howling, shouting for help. My partner said this had been going on for years. The only one who could quiet him down was the father. There was no cure for the case. He was being attacked by his own creations out of the past.

One of the limitations of medical science today is the idea that the mind contacts the body only through the brain. The study of the glands is bringing the realization that though the brain is the major spot of contact with the mind, that there is also direct contact with the body through the glands, the so-called ductless glands. Sense impressions are registered in that part of the mind connected to the brain, hear, see, smell, touch and taste. But you have all these glands (points to a chart) in the system and these are where the mind contacts the body directly.

We know of the pineal and pituitary glands in the head, but we also have the thyroids and thymus in the throat area. The heart itself may be a gland. There is the thalamus there. The solar plexus -- though we don't think of it as a gland. Then there are the two adrenals on top of the kidneys, and the gonads, the sex glands for male and female down at the crotch and also the sacral plexus at the base of the spine.

Those are the major ones and they are contacted and stimulated

in our chanting and visualizing on the Middle Pillar.

A MORE COMPREHENSIVE CHART OF THE TREE NEEDED

We showed a chart of the Force Centers, Chakras or "eyes" as they are called in the Western Tradition, from the Brahmin-Yoga tradition as drawn and published by a Hindu teacher named Sukul. Something like this should be done for Cabalists, where the Magickal Images for the Sephiroth on the Tree are combined with the appropriate colors and the Sacred Names in their Hebrew characters, a complete picture for meditation and chanting.

Sukul has the Thousand Petalled Lotus or sphere above the head, with its appropriate symbol for visualization and there also is the Sanskrit letter which should be chanted at the same time. Here is an image with many heads, probably in relation to the Third Eye center. Here is the Muladhara chakra at the base of the spine. Notice that the magickal image which goes along with that is an elephant, symbolizing the power centered there. This is the power center of the body.

In the Western Tradition, at least in Dion Fortune's work at the present time, we are using the magickal images which the Greeks used. These are human figures rather than animal. So when you are meditating on the generative center, Yesod on the Tree of Life, the magickal image is a powerful, naked man, not an animal. The most obvious one from the Greek mythology is Hercules -- even though the Moon center is generally considered a feminine force -- but you'll find both masculine and feminine gods in all of these centers, depending on how the Force is manifesting.

Chakra is the Hindu word for wheel. It is said that if you have clairvoyance and can actually see an active chakra, it looks like a rapidly spinning wheel. In the Bible these centers are called Eyes.

What about these endocrine glands? They maintain the chemical composition of the blood. If you know anything about biology the glands secrete or release hormones into the blood. Biologists have identified as many as 25 different hormones. Your emotions have a great deal to do with the kinds of hormones that are released and quantities. This is why the blood can change its composition so quickly. The life processes are speeded up or slowed down this way. If you know anything about forced breathing, rhythmic breathing, this is the way to get control of the glands and consciously bring about desired changes in your system. The output of hormones changes the chemistry of your blood, changes your emotional tone.

There was an article in the Los Angeles "Times" this morning about patients learning to control their heartbeat, in a hospital in Baltimore; so they are obviously getting to the Thalamus which,

I suppose, releases the hormones controlling the heart center, to speed it up or slow it down.

But also blood chemistry can change the emotional tone. It goes both ways, from the physical up the scale, or from the emotional down. Again, if you are going to control your blood you must purify it. This is the reason for the emphasis on purification and breathing exercises, and simplifying and purifying the diet, and doing whatever else you can to get things cleaned up.

THE LUES OF HEKATE

One of the major problems in purifying mind, emotions and body is the inherited diseases. In occult science these are called the Lues of Hecate. I think "lues" was probably a Latin word originally and in the Middle Ages it meant Plague. But in modern usage by doctors the word is a synonym for syphilis. Hecate is a Moon goddess, by the way, the Goddess of Witchcraft, and of childbirth.

I didn't realise how deep and widespread this problem of inherited diseases was until I got into Radionics a few years ago, and had a Radionics diagnosis myself. The Radionist told me that all people have traces of one or more of the four major diseases in their blood. They are not active in most of us, but they are there: Syphilis, Gonorrhea, Tuberculosis and Thuja -- whatever that is.

The diagnostician found traces of three of them in my system and gave me homeopathic remedies to take to get them out of my system.

A student asked what is Thuja? I could only reply that I did not know and hadn't found out. It's not listed in my Webster's dictionary. Lues is.

"Maybe it's another name for the common cold," observed one of the students. This brought general laughter from the group.

This is the curse of Adam. They are a part of the human race on this planet and by being a member of it you get them from your parents when you are born. It's a rare person indeed who doesn't have at least one or more latent in his system, if not active.

These are the invisible forces in us which continually tend to throw us to the negative side. They are really interplanetary diseases in the body of the Planetary Logos, brought over by Lucifer when he "fell" from the planet Maldek. The inhabitants of that planet were so evil that they destroyed it under Lucifer's leadership. The remains are the asteroids orbiting around the sun between Mars and Jupiter. The hundreds of millions of souls using Maldek as a schoolroom had to be parceled out among the other planets of the solar system. Millions of them are here. They brought their evil

diseases with them, part of their karma.

THE OPEN DOOR TO OBSESSION

These common diseases are a constant threat to your well-being. They can be stimulated from latency into virulence any time if you over-indulge in any of your passions or vices. The Lower Astral world around us swarms with vicious entities looking for victims. The vibrations of syphilis, tuberculosis, cancer in you can be an invitation to entities outside you to enter in and live a vicarious existence off the unhealthy emanations.

This is why it is so extremely important that you practice emotional control and also those daily protective and purifying rituals we use here, to counteract the evil forces which would destroy you if they could, or at least bring you down to their level. So don't give way to bigotry, hatred, jealousy, fear, race prejudice, panic, religious prejudice -- part of this whole picture which points up the need for Psychic Self-defense.

Even if you are comparatively pure and lead a blameless life there are what we might call cosmic diseases, like the flu, which may cause you to suffer some temporary discomfort or even take your life. These are like natural catastrophies such as earthquake, fire or flood which are bound to affect you in some way if you are in the area where they occur.

Remember the voice of one of my Teachers, the Yada di Shi'ite? We played a tape of it here last time. In one of the earlier Probert seances years ago he said that there are sub-microscopic bacteria which actually drift in space from planet to planet. He gave an example of this, an interplanetary disease which hit the city of London in 1640. It caused a plague which killed thousands and thousands of people. So when the astrophysicists speak of space as being hostile. It really is!

THE BACKSTER EFFECT

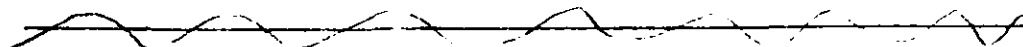
Remember Cleve Backster a few years ago? Who achieved notoriety by proving that plants have emotions? And are telepathic? He attached his lie detector equipment to a philodendron in his office and got strong reactions from it when he threatened its existence. He also found that the plant would respond to his thoughts when he was miles away from it. He has widened his area of research, of course, and one experiment backs up what we have said about emotions affecting the quality of our blood.

A chosen subject is first given a blood test to establish the quality of the blood before the experiment. Then he or she is hooked up to the lie detector.

"I'm going to ask you six or eight questions," says Backster,

"and I want you to be sure to answer every question with 'yes'."

At the time the subject is hooked up to the machine, in a comparatively calm emotional state, the pattern of the rhythm is something like this:



"Your name is Esther Ellsworth?"

"Yes."

"You live in Morongo Valley, California?"

"Yes."

The needle on the moving chart of the lie detector continues about the same rhythm.

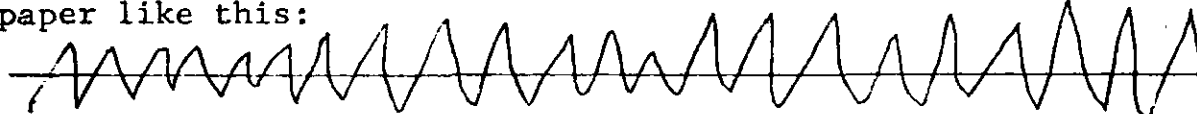
"You were married to the Greek shipping magnate, Aristotle Onassis?"

"Uh -- yes." (Laughter from the group)

"When you were married to him, you had five children, three boys and two girls?" (More laughter as Crabb asks and answers the questions himself.)

"Yes."

Then the needle begins to swing back and forth on the chart paper like this:



You see, she's lying and she knows she's lying; so her system begins to respond to this conflict by heating up. Another blood test is given. The hormones have done their work. There is a significant difference from the change.

Suppose you have had to live a lie for years. What have you been doing to your blood? And to your whole system? Look what's going on in Washington D.C. today. Dita Beard, the ITT propagandist having to flee to a hospital in Denver so she wouldn't have to stand up to, to perjure herself before that Congressional committee. Already her heart is kicking back on her.

So you can change the composition of your blood by your emotions and your thoughts. In fact you are doing it all the time. The question is: Which way is it going? To health? Or illth?

We have three Associates who have had badly diseased blood from birth. You should see some of the anguished letters I get from them.

They seem to be under psychic attack all the time, especially at night. We'll get into that later on.

RECYCLING THE HORRORS OF WAR

Let us take the example of the soldier who has been fighting in Vietnam for months or years on the front lines, living in constant fear. The fear is real because of the menace of the Communist troops, the menace of the blood-sucking leaches in the jungles, the disease and so on. His tour of duty is up or he is seriously wounded and sent home; but those fear images have been deeply impressed on the crystals in his blood, so he gets constant playback, especially at night when the conscious controller or censor is asleep.

This playback may go on for years, leading him to insanity and to an asylum, because no real effort is made to get them -- those fear images -- out of his blood. There aren't enough psychiatrists.

Isn't there some way it can be done? Asks one of the students.

One of the simplest ways is to wear one or two of these Japanese-made bracelets, with a half a dozen little, flat Alnico magnets imbedded in it; and I hold one up for the students to see. When this is on the wrist it imposes a fairly strong magnetic field on this whole area. When the blood in the veins and arteries passes through this alternating field -- because the magnets are set up positive to negative to positive to negative to positive, etc. -- out into the hand and back through again, the blood is polarized, brought into a temporary balance of positive and negative. The blood crystals are demagnetized -- just as you demagnetize a recording tape by passing it over a magnet. The previous pattern of sound images is wiped out, erased, clearing the tape for a new set of images. The blood can be "cleared" in the same way, by a pulsing magnetic field.

Another way to purify the blood would be to get hold of some of the late Dr. William Koch's Glyoxylide. This is injected directly into the blood and purifies it usually in one shot. This derivative of glycolic acid is so effective that back in the 1930s and 40s Koch was curing people of all the major diseases, including leprosy, even! This is why the AMA hounded him out of the country. He had to flee to Brazil to save his life. I believe there were 12 or 13 attempts to assassinate him, both here and in Brazil, all unsuccessful.

Koch wasn't treating disease at all. What he was doing was purifying the blood. Then the system can cure itself. Here was a real cure-all if there ever was one. I believe glycolic acid is derived from alcohol. The acid is so attenuated in Koch's processing, that Glyoxylide is really a homeopathic remedy, 6X, a million to one. It isn't a harmful drug that requires a doctor's prescription, though perhaps a doctor should inject it. Dr. Norton is giving injections of Glyoxylide at his clinic in Ensenada, Mexico at

\$75 a shot, for the equivalent of about 2¢ worth of distilled water. That's how Glyoxylide is contemptuously referred to by the Molochs of the sick industry -- except for the fact that it does have that million-to-one attenuation of Glycolic Acid -- and acid causes dramatic changes in the electrical charges of the cells of the blood. But is it any wonder the American Medical Association, and the highly profitable pharmaceutical industry are so determined to keep such a cheap remedy for all disease off the market?

POISONED BLOOD PRODUCES NEUROSIS

The thing is, if the blood stream is to be cleared up and prevented from creating negative images in your mind it has to be cleansed of poisons. The sepsis has to be removed. Poisoned blood can produce neurosis, and neurosis can produce poisoned blood. It works both ways.

If the basis for the cause of the psychic attacks is physical, then there is no help for the neurosis from psychiatry, nor from psychic self-defense, except temporary relief. Until that physical cause is cured the person will have to suffer the consequences.

Neurotics rarely ever have a complete breakdown because the sense of self-preservation is too strong. That first principle will keep them on their feet. But neurotics should not study occultism! They should stay away from it because this study of the Mysteries puts them in touch with the Invisible World. If the would-be student is in a chronic unbalanced condition he or she will attract unbalanced or unbalancing forces. The violent neurotic gets in touch with Mars -- probably has Mars badly aspected in his or her horoscope. Mars is the scarlet disc on our chart, the fifth sephirah counting down from the top. A Mars-dominated neurotic who gets in touch with the Cosmic Mars force will be a murderer, a wrecker of society.

Now the occultist gets in touch with these Tree of Life forces deliberately! In your meditations on the Tree, and in your rituals, you synthesize these forces into you so you will be the whole man, or the whole woman. You do it under control and you pick on one at a time, setting up a controlled situation where you invite this force in. You visualize yourself as the God-form, speeding up your evolution. You synthesize the God-forces in your own nature.

As a student of the Cabala you know that each of those Sephirah on the Tree has its obverse aspect. Mary has Lilith. You remember Lilith from the Bible? She was the one who brought obscene, sensual dreams to Adam, vampirizing him of his creative forces which should have been put to more constructive use. So God had to create Eve, a physical-plane playmate of opposite polarity, to give Adam's reproductive energies a more positive and useful outlet. This would be better known here in the United States if the Reformation in Europe hadn't thrown occultism out;

so the only Western occult science you'll get here in the West is that of the Cabala and the Gnostic literature, if you can find it. If you do find it and study it you'll learn that the Christian angels and archangels are the pantheon gods of the pagan religions, the same occult forces under different names.

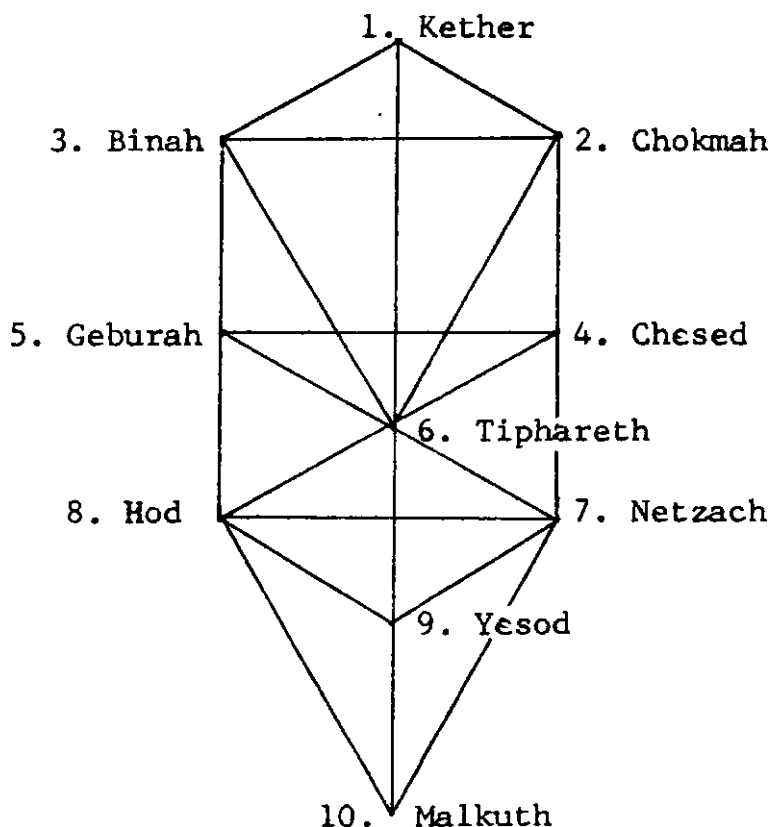
THE ALL-IMPORTANT MONSTERS, THE QLIPHOTH

Names for the Qliphoth of the Sephiroth on the Tree of Life were given in Lesson Five or Chapter Five of our Cabala series, "The Invisible Reality Behind Appearances, Part II", page 35, but we'll repeat them here for convenience:

THE ARCH-DEMONS

1. Satan-Moloch
2. Beelzebub
3. Lucifuge
4. Ashtaroth
5. Asmodeus
6. Belphegor
7. Baal
8. Adrammalech
9. Lilith
10. Nahema

THE TREE OF LIFE of the Golden Dawn Lodge



The Cabalistic doctrine of the Qliphoth -- this is the general name for these obverse forces which can and do attack us -- is a very potent thing in this study of insanity, neurosis, psychosis, etc. To go back to the beginning -- in the Beginning of Creation which we shown on our chart as Kether, the Brilliance there at the top. When the Creator of this system decided He wanted some companionship, the company of other beings He sent out a stream of force. This eventually created the Second Aspect, No. 2 -- the color gray on

the Empress Scale. While this energy was going out and before No. 2 was completely established, some of this energy went off elsewhere in space and established a center of its own, a counterpart in chaos, if your like; and this was potent and functional. This is evil.

Each Sephirah builds up an oversoul or an archangel. At the Sun center, No. 6, Tiphareth, which we show as salmon pink, we have Raphael as the archangel, the oversoul for that aspect of creation here on earth and in the solar system. But there is also an obverse god of evil for Tiphareth. When he inspires people in the negative aspect of religion here on earth we have the Disputers. You should be aware of enough religious disputes in the world to make that evil aspect of religion obvious.

THE HOLY WAR IN VIETNAM

One of the fairly recent ones in the paper the other day was the case of a Vietnamese general. When the Roman Catholics got control of Saigon with the help of our arms and soldiers, this army officer fled to the United States to save his life, because he is a Buddhist. Our war in Vietnam is not only against Communists but against Buddhists as well -- a typical Dispute under the obverse aspect of the Christ center, Tiphareth on the Tree.

For some reason this military officer of Buddhist faith decided to return to his homeland. Of course he would be a leader of Buddhist forces there in Vietnam if he were allowed to remain. When the 747, a Jumbo Jet, landed all the passengers were allowed to get off but him. The Roman Catholic authorities had him detained on the plane; nor would they allow anyone else to get on the plane when it took off with him still aboard! There were 87 American soldiers there at the airport with Rest and Recreation passes, waiting for a plane out; but they had to wait for another plane.

This is a typical example of the Disputers, the cause of the great religious wars which have raged on this planet because the religious leaders and their followers claim that they alone represent the God-force, but they are selfish, limited and bigoted in their claims; so this is what they become, a physical plane agent, or agents, for evil. More people have been killed in the name of the Christian god on this planet than any other cause.

Here's another example out of the paper, the San Joaquin valley farmer named McAfee who put up bail for the black activist, Angela Davis? He thought she should be free on bail so she could prepare for her trial. Now he's getting these threatening calls from these devout Christians. They claim to believe in the Prince of Peace, but they are threatening to shoot McAfee, his wife and his kids. What has McAfee done? He has blocked the self-preservation instincts of the Roman Catholic who fear and hate Communism.

Their fear and their hate put them in rapport, in magnetic resonance, with the Qliphoth of Tiphareth, Belphegor, an elemental God. Their Christ is the false Christ, Looeamong, who welcomes every Christian fanatic as a slave to his drive for power. Looeamong, an elemental being who has never known human warmth, human love, and who feeds the fires of hate in Christian hearts -- both Catholic and Protestant -- in his war against Communism. Armageddon here in the Western world is between Communism and Catholicism, or Capitalism. Catholicism is Capitalism.

THE HABITATIONS OF HELL

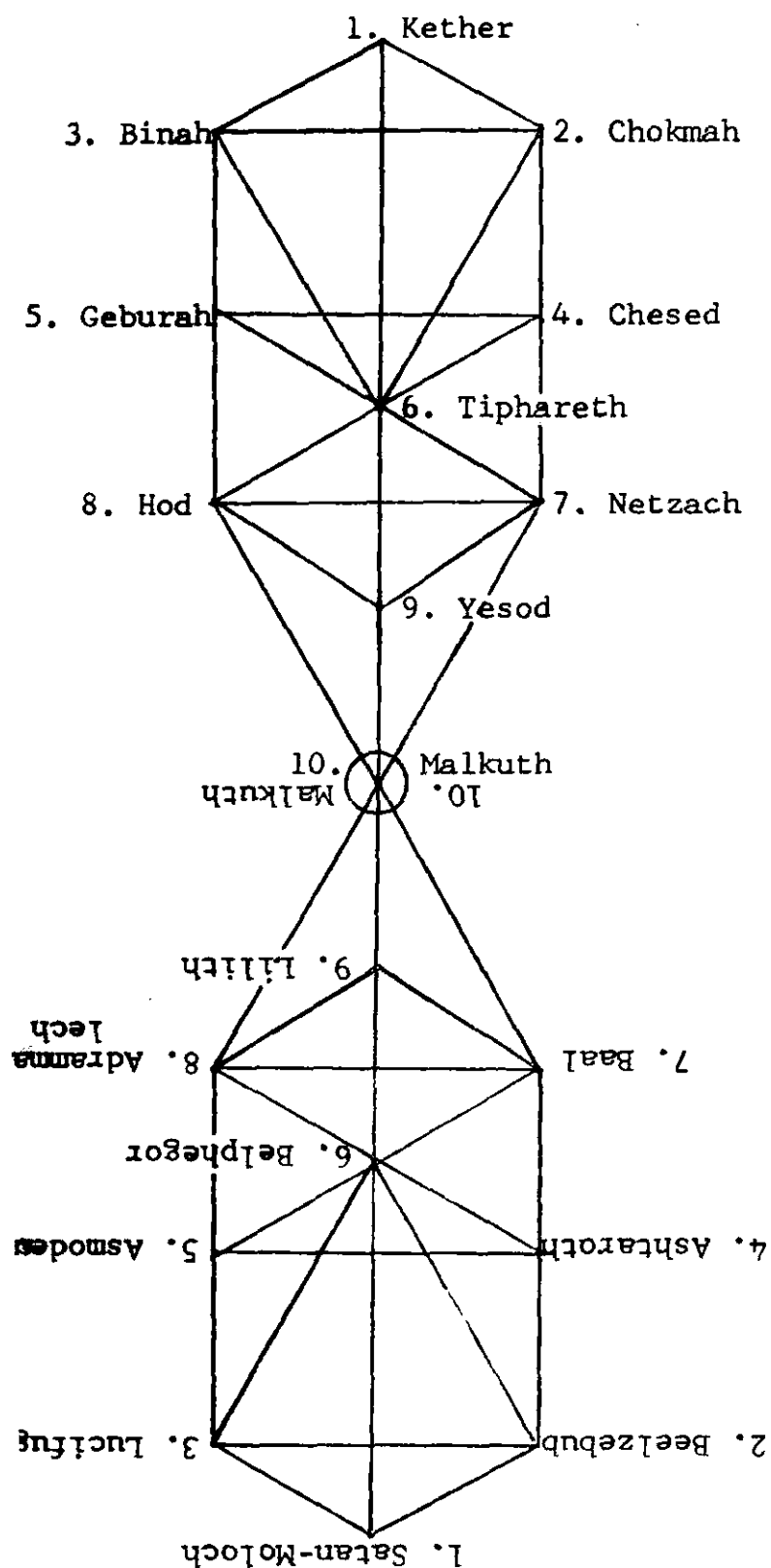
There is an obverse Tree starting at Malkuth and going downward. It is a mirror image of this Tree you are looking at. The Prince of Peace, the Christ, has his opposite in the Disputers.

Now in trying to achieve a glimpse of Christ consciousness in your meditations, or in a Tiphareth ritual -- which we may do later in the course -- the April class near Easter would be an appropriate time -- if you have any kind of success you have to watch out for a following reaction. If you get a wonderful vision of beauty and harmony at some high level and then come back down to the physical world with its ugliness and disharmony, you may want to strike out at people because of their negativity; or you may get into a corresponding emotional slump. This is one of the reasons for the daily disciplines in purification and emotional control, to stay off the emotional roller coaster ridden by most people.

I saw a crude example of that while working as an editor of the house organ of the Naval Supply Center at Pearl Harbor in the 1950s. One of the secretaries there was a devotee of the millionaire evangelist, Billy Graham. He came to Honolulu on one of his well-publicized crusades. Through force of circumstances she was offered a ride in the car which was to take him to that night's rally; so for about ten or fifteen minutes she sat in the back seat of this sedan beside Billy Graham, in the aura of this emotional powerhouse. She was a divorcee and without regular male companionship anyhow; so this sudden charge of male Pentecostal fire put her in Seventh Heaven.

She was still there next day at work, bubbling over with the ecstasy of this glorious ride next to her hero. I warned her to look out! "When you come down out of this you may find yourself a sad, unhappy person for awhile." Sure enough, by the end of the week she was in such a depressed mood she said she felt like committing suicide. She didn't, of course. She was too stable for that; but an awareness of the occult principles of emotional control we are studying here would have helped to prevent the wild oscillations which can put us in temporary -- or permanent -- resonance with the Qliphoth.

"You said there was another Tree, a Tree of evil, the same



as this one on your chart?"

"Yes. The two Malkuths would be together, but the evil Tree would go downward."

"That's what I was getting at," said the student. "Do they have the same color patterns?"

"I don't know at this time or at least I haven't seen any charts of the colors for the Sephiroth of an obverse Tree. We have the names of the Qliphoth."

"I don't want the names! I was just curious about the color." (General laughter from the class.)

We now hazard a guess that the complimentary color of the one shown on the Chart or given for a Sephiroth might be the answer. But this isn't necessarily evil; it's just the polar opposite of the objective color given. It is evil to the black magician who sees and uses it as such.

In a complete Cabalistic ritual we do call upon these so-called devils, because they are the ones who actually move matter here in the physical world. This is power under control and you should have nothing to fear if you build your protective circle properly and give your directions for what you want done. Then quietly but firmly dismiss them at the end of your ritual and close everything down.

Sometimes things don't always go as planned. This is the danger of Lodge work. When we get into ritual here there is no telling what personal demons a person is bringing with him, or

unresolved conflicts which may bust out. The person may have a physical collapse or, if we do a banishing ritual, one of these demons may take off and crack the door while he is going through it. Hah, hah, hah. (Laughter and asides among the students.) If you work alone at home, at least then you are responsible only for your own hell.

"WHAT DO YOU DO TO PROTECT YOURSELF?"

The daily disciplines for purification and protection are a must for any student of occult science, preferably morning and evening. The ones with which we opened this class are good ones, plus the Lesser Banishing Ritual of the Pentagram, described and illustrated in Lesson Four. There should be regular meditations on the High Self which build up the positive mental and emotional attitudes which allow no entry to negative, destructive beings.

Personal cleanliness coupled with cleanliness in the home, these are important, along with plenty of music and laughter. There is a complete magical system in the book of Abramelin the Mage, translated by MacGregor Mathers. In this the Magus gives the rules for safely evoking the Qliphoth and directing them to constructive ends, but follow it completely or leave it alone, as Dion Fortune advises in her chapter on the Qliphoth in "The Mystical Qabalah":

"A good many people have burnt their fingers with the system of Abramelin, and the reason is not far to seek: for if we examine their records we find that they have never followed the system in its entirety, but picked out a ceremony here and an invocation there for performance as the mood took them. Consequently Abramelin's system has got a bad name as being a singularly dangerous formula; whereas, performed in its entirety, it is a singularly safe one, because it deals with all the reactions of the invoked forces under what might be termed laboratory conditions and neutralises them.

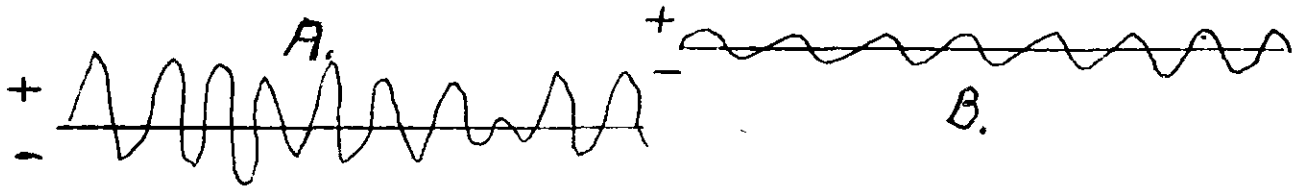
"Whoever attempts to work with the positive aspect of a Sephirah must remember that it also has a negative aspect, and unless he can maintain the necessary equilibrium of forces, that negative aspect is liable to come uppermost and swamp the operation. There is a point in every magical operation when the negative aspect of the force comes up to be dealt with, and unless dealt with will lure the experimenter into the pit which he has digged. It is a sound magical maxim not to invoke any force unless you are equipped to deal with its aversive aspect. . .

"The Qliphoth are aptly termed evil and aversive Sephiroth, for they are not independent principles or factors in the cosmic scheme, but the unbalanced and destructive aspect of the Holy Stations themselves. There are in fact not two Trees but one Tree, a Qliphah being the reverse of a coin of which the obverse is a Sephirah. Whoever uses the Tree as a magical system must perforce know the Spheres of the Sephiroth, because he has no option but to deal with them."

THE RESULTS OF THE DAILY RITUALS

"Doesn't this happen every day?" asked a student. "I can think of examples of unbalanced behavior from daily life."

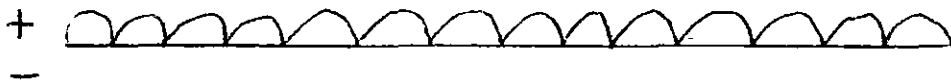
"Of course it does," I replied, "but I can illustrate what happens when you do set up a daily routine of purification and protection and follow it faithfully for awhile. First, on our blackboard here, we show the normal, up-and-down rhythms of the average person's daily life, 'A', and then we show the uplifted rhythms of the dedicated student's daily life, 'B':



"Remember, all life is rhythmic, but as you achieve emotional control you smooth out the exaggerated peaks and valleys of your former existence. Not only that, you lift the plane of your living to a higher level of consciousness which exemplifies the balanced, more peaceful behavior of the awakened man or woman. In doing so, what were the emotional highs of the old you become the lows of the new you, and the new highs reveal hitherto undreamed of vistas of beauty and of transcendental living."

THE CABALA OR YOGA OF ONE-POINTEDNESS

Let us carry the symbology of our drawings one step farther, to the Adept who has achieved that state of exalted consciousness described on page 17 of Lesson 13 on "The Way of the Yogin". Here the student has become a teacher, a Guru, who welcomes every obstacle as an aid to progress on the Path; thus his, or her, life rhythms are all above the line, like this:



Maybe this is the deeper significance of Matthew 5:39 and the verses that follow: "But I say unto you, that ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also."

"That would be like a manic depressive on the good side," observed a student.

"Yeah, that's a good one." Call it manic expressive.

The point we are illustrating and making here is Emotional Control. Dont let your ecstasies and depressions run away with you. Keep to the Cabala or Yoga of One-Pointedness. This is what your Master or Teacher wants of you; so your work isn't interfered with. You must keep pressure on your system to keep it moving. The work must go on.

Maybe this is one reason why Judy and I dont really get sick. I never seem to get sick enough that my work stops. I may have to lie down and rest four or five times in one day -- as I did the Saturday before our last meeting -- but I get out just about as much work.

PSYCHIC ATTACK FROM A GURU OR TEACHER

Now for a personal example from one of our BSRF Associates. In fact I wrote to her and asked for more details about her experiences, and this is her reply:

"One of my earliest gurus was a Mr. Zuki, a Zen priest. As long as I had an immaculate concept of Mr. Zuki I learned a lot." In other words, she kept her mind up at a high mental point, while studying his teachings or listening to him lecture. "However, when I discovered that he was not as spiritual as I thought, things began to happen.

"I remember going to his temple one Sunday to meditate. I opened my consciousness to anything that wanted in." She assumed that the temple had a circle around it and was divinely protected. "I wept through the whole meeting. When I left a clairvoyant friend who also attended the class told me that she saw a demon sitting on my head. I had given this priest a package of tea. I noticed he stored it on an upper shelf after writing my name on a wrapper. This tea gave the priest a link to me. One night I dreamed of seeing rotten watermelons in his temple. They were covered with a dirty white cloth." This was a vision, of course, that things weren't as they seemed.

"I left the group and found out shortly afterwards I could not sleep on Sunday nights. I saw demons and was sexually molested." He was actually taking energy from her -- or his elementals were. "Prayers to the Christ and the Buddha did not help." At that time she didn't know occult science. Standard prayers dont help in psychic attack. They dont have enough power. "I had to move to a new location and give up my occult studies." Could we say that she developed a neurosis, studying with this Zen priest? Because she was not married and apparently had no partner of the opposite sex to polarize her generative energies; so she became an inviting, easy target for sensual dreams leading to a nocturnal emission. To stop the attacks she had to give up occult studies entirely for a time.

As we said earlier, the neurotic should not study occult science, metaphysics. Some portion of all of the energies of creation

are going through you all of the time. When you consciously open yourself up to these Forces, and you still have a lot of negativity in you, negative Forces will manifest and try to pull you down, degrade you and even destroy you. You supply the kindling wood and the spark, but the cosmos supplies the energy for the conflagration which follows.

Our Associate had an attack experience with another teacher. She wouldn't give me his name because he still runs full page ads in Fate Magazine. I suppose she was afraid she might attract more psychic attacks. She called him Mr. Wolf. "I had given him some perfume oils that he asked for. These enabled him to gain access to me. When I left his group he sent me a letter, supposedly sent to him by the Chohan of the Seventh Ray. This letter warned me that if I left Mr. Wolf's group I would suffer. Whereas, if I remained with his group I would soar as an eagle. I did not reply to the letter. I burned it with ritual." By this time she had learned some occult science!

REDIRECT THE ATTACKER TO GARBAGE

This reminds me of the time Mrs. Crabb and I were under psychic attack from a well known teacher of occult science. We knew that a letter from him was an attempt to penetrate such barriers as we had set up. It was a means to establish a telepathic link inside our house, so he could follow it in later in thought.

I took it outside and buried it in the garbage in one of our compost boxes in the garden. (Laughter from the students) That was what his letter led him to. I think I got a bigger kick out of that than any of the attacks we have ever had. About a week later he called us by phone. Judy answered the call.

"Have you people been away from home lately?"

Considering the foul emanations his directed thought led him into, he must have been really flabbergasted as to our apparent location and what it might signify, but he was too cautious to probe any further, for fear of revealing his sinister intentions.

These are the things you must be aware of and be prepared for. Of course if you take up with a metaphysical or occult teacher you at first will have no indication that he or she is on the Left Hand Path -- until things begin to get unpleasant. Then the pain or the discomfort will force you to have to make an agonizing decision: if or when to make the break.

But with the kind of occult information we are giving you here in these classes, you shouldn't be afraid to give a gift to a metaphysical teacher -- or to receive one -- because you know how to protect yourself -- even from me! Because you don't know what my personal life is. Here again, if you are doing your daily

purification and protective routines, you have little to fear. This is the reason for them because you will be attacked by these Draculas of the physical and the astral planes. You will be attacked because these vampires will try to take you over and use you. You are becoming a powerhouse through your occult studies, and these human and non-human scavengers want extra power for their own selfish purposes.

The evil elementals who are the downward path of Involution want to use you, degrade you and destroy you. They work for God-the-Destroyer. This is their job, scavenging garbage collectors literally working at the ass hole of Creation. Yes, human feces is a source of filthy elemental power to the Black or Pagan magician who knows how to draw it off and use it to charge his thoughtforms for selfish gain -- also the etheric discharge of creative energy which accompanies the orgasm from masturbation or from a wet dream. This accumulates and rots on the surface of the aura, attracting astral "flies" and larva just as physical garbage does on the physical plane. In normal sexual relations the etheric discharge is absorbed by the partner as a blessing, to the mutual benefit of each. This is why marriage is urged upon men and women in the Western Mystery Tradition. It's a safety valve for the release of creative energy not used in the other positive functions of life. Of course there comes a time on the Path when you will need all of your creative energies for your life of Service; but until that time comes, "Better to marry than to burn", as Apollonius so well put it two thousand years ago.

THE CHANGING OF THE OCCULT TIDES

But our Associate whose letter I was reading was not married; so she had a problem. She concludes her letter: "Soon after my departure from Mr. Wolf's group I was annoyed nights. I actually saw a small demon created from my sex force. Doing the Lesser Pentagram Ritual did help but I noticed its effect wore off during the night when the tides changed."

Actually, according to Dion Fortune, the tides change at sunrise and sunset. This is why protective rituals should be done both night and morning. There is a "changing of the guards" at those times, and presumably new guards have to be summoned, especially if you know you are under attack.

"Somehow, for me," she wrote, "feathers are a protection for me and I found a pillow helpful to break the connection. But it took awhile to free myself from these attacks."

The marriage aura, for those who sleep close together in a double bed, can be a protection; but even this isn't enough against a powerful, revengeful metaphysical teacher who has been scorned. To leave such a teacher is a slur on his or her dignity. They are vindictive. You are attacking their first principle, self-preservation; so they strike back, always. The attack may not be physical; it is the elemental forces behind the teacher.

CHARACTERISTICS OF THE VAMPIRE TEACHER

Beware the metaphysical teacher who openly boasts that she is "above sex" -- especially when she is still in the prime of life! This boasting itself is evidence of a conceit which blinds her to the fact that she still needs polarizing sexual relations. Denying them to herself on the physical plane she becomes wildly heterosexual at night on the astral plane, while the conscious censor is asleep!

Mrs. Crabb and I ran into this a couple of times while lecturing on the road; for we often slept in the home of the group leader who was sponsoring our lecture. In this one case we were shown to a guest bedroom which contained two cots, not side by side like twin beds, but on opposite sides of the room -- so our marriage aura would lose its effectiveness? After going to bed and to sleep, wild sensual dreams proved that our premonitions were correct; and there was a simulacrum of our hostess faintly visible in the dark of the bedroom, directing the scavenging operation. This brought us fully awake and broke the spell. Comparing notes we decided to sleep together the rest of the night on one of the cots. I wasn't into protective rituals at that time, as I am now; but our togetherness was protection enough for the rest of the night.

Beware the male metaphysical teacher who is not married and who always has several pretty boys around him as assistants. Now it is possible that this teacher leads a pure life at the physical level, as he claims; but what's going on at night when he and his assistants are sleep? Just as in the case of our hostess in the above incident. There were several members to her family, including her poor husband. Do you think their sleep was undisturbed at night? Is it likely?

Just to touch on this briefly before going on. Consider the great religions of the world with their monasteries and cloisters full of men and women in the prime of life trying to live a chaste life. Here may be the source of the secret power which keeps millions of devotees hypnotized in servile worship of the god of that religion, through the nightly collections.

BURNING UP THE FIRE WITH FLAGELLATION

I have here an illustrative item from Emmet McLaughlin's revealing book, "The People's Padre". He tells here how the Franciscan priests take care of the blocked or unsublimated reproductive energies. He writes: "The priest must learn to crush the desires of the flesh, by fasting." Crush them? That in itself is bad. Your generative, creative energies are to be sublimated, not crushed; because if you try to crush them you are asking for trouble. This cannot be done indefinitely. They will be -- they will manifest, some way or other, through you. "Many Americans have read or heard of the ascetics of the Middle Ages who mortified the flesh by wear-

ing hair shirts, fastening chains about their waists, sleeping on boards or in bare coffins. But it might surprise these Americans to know that in the senior seminaries for Franciscan priests in the United States, there hangs inside the door of each bedroom a scourge or whip. It is made of several strands of heavy cord, each knotted at the end.

"Each Monday, Wednesday and Friday evening at 5:45 o'clock we close the doors to our cells, to the chant of the Miserere, while we disrobe and scourge our flesh to bring it into submission. The Superiors patrol the corridors outside to listen for the sounds of the beatings, the assurance of compliance."

Shake your heads in disbelief but you've all done it. There isn't a person in this room who hasn't been a priest or nun in several lives, and fought the battle for control of the reproductive energies. The battle is still being fought isn't it? The battle for what? Emotional control. Until you have that, don't ask for any more energy, for heaven's sake! This is why the emphasis in the beginning is on purification and discipline, for your own protection.

"What about this Invocation to the Flame, that isn't going to endanger us too much, is it?"

"No."

"We've got our problems."

"No, with the Invocation you are asking for the kind of help which will enable you to bring your problems under control."

"All of these rituals that you've given us so far are able to be used by the normal person. They are not really under the occult."

THE SIMPLE RITUALS FOR BEGINNERS

"The Cabalistic Cross is strictly balancing. It is primarily a balancing ritual, to balance the forces of the Four Elements in your body, to bring them in harmony. Illness or neurotic behavior is obvious evidence of inharmony. The Middle Pillar is another balancing exercise.

"I haven't said a word about anybody meditating on any one of these centers. You can if you want to, that's up to you, but you're asking for trouble."

"You mentioned Hercules. Is that in reference to -- ?"

"That's a magickal image for the sex center, for the Moon."

"Right, but we don't use that."

"Not yet."

"But further along?"

"Oh, yes! I think I've said it at least once today. The occultist deliberately takes one of these Sephirah and does a complete ritual on it.

THE ANIMAL FORMS OF THE EGYPTIAN MYSTERIES

"Now back in Egypt the priest would actually put on the mask of an animal form because the Egyptians thought of these Forces as animal-type forces. But the Greeks -- on a higher cycle of evolution perhaps -- used human forms."

Dion Fortune and the founders of the Golden Dawn society in London in the 1880s and 90s favored the human forms for magickal images on the Tree, and I heartily agree with them. No doubt this is one of the important differences between pagan and Christian magick.

"The magickal image for Earth, Malkuth on the Tree, is a mature woman, Ceres, the mother of grain, one who has born children, whose breasts are full, the abundance of the earth. For the Moon, Hercules. For Venus -- as long as we are on this -- a beautiful, nude female figure standing erect. Ceres is usually shown seated, by the way.

"On the opposite side of the Tree from Venus, Mercury or Hod, Number Eight, is the god Hermes, again a beautiful nude male figure. He is a handsome young man, unclothed, with winged sandals and a winged helmet, with the Caduceus in his left hand. He is considered to be the messenger of the Gods.

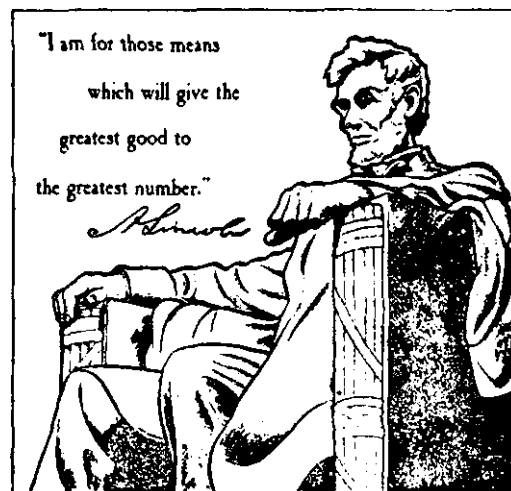
"Number Six is the Tiphareth Center. That is one that can be done anytime, safely because it is a balancing center on the Middle Pillar. But remember the Disputers? For Tiphareth you have three magickal images to choose from. The earliest one is the Babe in Arms, the Nativity. The second one is Christ crucified, on the cross of physical matter. The third one is Christ Ascendant, the triumph over the flesh, over the grave. The traditional form is Christ with his arms outstretched, blessing the world.

"The magickal image for Mars, Number Five, is the war god riding his chariot. You must see and feel yourself thundering along, racing horses, your helmet and breastplate on, your sword in your right hand upraised to strike, conquering everything before you. A very powerful image, isn't it?

"Then Number Four going back up the Tree is the same god, but now ruling a kingdom at peace! For America this is Abraham Lincoln seated on the throne there in the Memorial in Washington, D.C.

The traditional image of the ruler in the seat of power, his kingdom at peace shows him with an orb in his left hand and a staff in his right. This is Chesed, No. 4 on the Tree of Life. All the regular business of civilization is going on, trade and commerce, education, scientific research and exploration, diplomatic missions, and so on. The planet or mundane chakra for Chesed is Jupiter.

"The magickal image for the third Sephirah is a woman of heroic proportions representing the great feminine force of the Universe. Isis, Mary, pick whatever goddess image you like, the Queen Mother of any nation or kingdom, ruling by herself or seated by her husband. The same for Sephirah Number Two, Chokmah, representing the great male force of the Universe. But he should be shown standing to give the suggestion of the male phallus. The best known symbol for that here in the United States is the Washington monument in the nation's capital.



"When we come to Kether, the Sephirah at the top of the Tree, perhaps it would be more accurate to have a figure which represents a combination of masculine and feminine forces in perfect balance; nevertheless the traditional magickal image is that of an ancient, crowned and bearded king. He is 'all right face' because there is no wrong at that exalted level of being. His power over creation is absolute; so whatever He does is right, regardless.

"Well, those are the ten magickal images with which the Cabalist works, in his or her meditations and in rituals. The image is a psychic telephone number of a specific god-force. Visualizing yourself as being one of these images helps build that force into your character and personality. That's what the images are for! My, aren't you wise now? You know so much.

THE DEMON-RIDDEN NEUROTIC

"As we said the Cabalist invokes these God-forces with prayer and with ritual, but the poor, hag-ridden neurotic has his or her demon riding them all the time. The neurotic's or psychotic's magickal image is the obverse of one or a combination of these god-forces. How does he invoke the demon from the pit? By his morbid brooding on his troubles, his vices, his racial hatreds, his greed, his jealousy. He can't get his mind off of it. What a vicious circle is set up."

And if the self-obsessed person gets in touch with an occultist who works with power, there is the possibility of stopping the hauntings, for a time at least. I have done this for one of these three hag-ridden neurotics that are writing fairly regularly

to me for help, or just to unburden themselves of their troubles, which go on, and on, and on, and on. Until when? Until that quantum of evil or negative energy built up in a past life or lives is completely dissipated, through suffering and sacrifice.

When she first asked for help I told her I could probably stop the trouble, for a time at least; "but if you don't change your ways you will recreate them as fast as I destroy them!" I sensed, even as little as I knew ten years ago when she contacted me, that this was a karmic thing which had to be worked out through suffering. Even if I could get her to learn the Lesser Banishing Ritual of the Pentagram and use it regularly, she would stop using it; or she would lose faith in it, thus depriving it of power. She would think up some reason and go back to the old ways because she has to suffer. She has to cope with and face up to this horrible monster she created in her black magick rituals -- just as other people suffered them through ignorance, when she created them and sent them out to do their dirty work.

NO REMISSION OF SIN

For this kind of knowing use and abuse of the Laws of the Mind there is no remission of sin. One night, or early one morning about 2 a.m., this lady called in desperation. Little demons were in her bedroom with ray guns, firing bursts of energy at her, and it hurt! She was afraid they were going to kill her. I promised help, hung up the phone, and did a banishing ritual right there, visualising her standing beside me. Apparently it was effective that night for a couple of weeks later we received a \$30 check from her and a letter of thanks.

Later, however, her attitude toward me changed. It became arrogant, domineering. Her Dweller had taken over again. Her Frankenstein was in control. I was no longer the teacher but a lowly pupil. She brought the relationship to an end. She preferred the "teaching" of her Dweller on the Threshold, her sin body from previous lives, and that teaching in this life is suffering and deprivation. Degradation also, for she was obsessed with horrible, sensual dreams and visions which forced her to masturbate in relief. Is this what she, in a previous life as a witch, had forced her victims to do through telepathic images, in order to steal their vitality? More than likely, and in doing so she had created this monster of lust, which in this life came back to haunt her. It prolongs its life by stealing her vitality, and the battle for control goes on and on.

You may ask, what about marriage as a source of relief for her raging passions? She did marry, once, but having deprived others of a normal love life in the past, she had no right to such a life in the present! The man she married was a queer one, a super salesman who reserved all of his creative energies for his work. Perhaps he was a born eunuch. Anyhow, when she became vio-

lently insistent in her need for sex his reaction was to call the medical authorities and have her charged with insanity. The men in white coats came, restrained her, injected her with a sedative and hauled her away to the psychotic ward of a hospital, from there to the asylum. It took her years to get out of that, and judging from the hold her Dweller has on her, it'll take at least this lifetime and more to clean up the mess from the past.

Can a competent occultist free her from this obsessing monster she has created out of her own greed for power? Yes, I believe it could be done. If I tried and succeeded then I would assume the responsibility for her further education. I would have to try to teach her what her Dweller is teaching her, that the abuse of power has its inevitable consequence in suffering and degradation, because God has decreed that the lesson must be learned.

IT'S A QUESTION OF EFFICIENCY

What the occultist or magician has to decide is whether it's worth his while to take on such a case and see it through. He or she has only so much energy at a given time. To me it seems likely that I would make better use of my time and energy working with those who sincerely want to make a change for the better and are willing to work for it.

As you move along in your studies and develop your power of Service, such cases will be brought to you by your teachers largely for your education, not with the expectation that you can accomplish a cure -- or that you'll even be allowed to accomplish one.

One of our New Zealand associates wrote to us years ago asking for help with his obsessed sister. She had periodic attacks and had had them frequently from childhood. These were not strong enough to affect her health or strength of mind, but when the attack was on her attention was turned entirely inward for the quarrel and argument with this invisible foe which went on for minutes and then would subside for awhile. These attacks from her Dweller made it impossible for her to hold a job or to establish any kind of meaningful relationship with anyone outside her immediate family. Not being violent, it wasn't necessary to have her committed to an asylum. This was a cross the family had to carry.

In response to his first letter to me about the case, I asked the brother to send something personal from her to give me an aka thread connection along which to send the suggestive thoughtforms of purification and protection, also a photo. A few sentences from his reply should be instructive to you. They certainly were to me:

"Thank you for your willingness to try and dislodge the Spirit Entities troubling my Sister, if this should be the case. I am enclosing these photos of her taken with my late Dad. If you think the photos would be more effective with my Dad excluded, you can

cut the photos in two. I see no way of getting a sample of her dried blood through, or of sputum on the back of her picture. She would be absolutely horrified at the idea. One of her obsessions is of germs, either her own or anyone else's. One of her main occupations is continually washing clothes, even if they have not previously been used, to ease her mind in that respect.

"In regard to handkerchiefs I don't think she uses them as neither of us get colds. However, I am sending you a stocking of hers which I am hoping would be equally effective. I cut off the foot portion as it was shoe soiled. (That part would have been the best connection!)

"An Auckland bookseller told of a man in Auckland who is good at dealing with cases of obsession. The trouble is my Sister wouldn't be co-operative in any way. I know nothing of these matters. If I would get him to come here, a distance of 80 miles, she would probably have nothing to do with him. To take her into Auckland to see him would be an ordeal more than I could stand, perhaps."

Needless to say, my efforts to affect a cure from California were useless. Later correspondence from the brother indicated there was no change in her case. We can only hope that the karmic debt is fully paid off in this life and doesn't have to carry over into the next one also.

A HEART-BREAKING LOVE AFFAIR WITH A BLACK MAGICIAN

Dion Fortune had her failures, too, and we include a couple from the chapter "Motives of Psychic Attack" from her magnificent opus on the subject, "Psychic Self-Defense":

"There is another curious phase of this aspect of the Left Hand Path (Astral seduction through telepathy), which was brought to my knowledge through a case which came into my hands. A young girl, simple-minded and unsophisticated, living a very isolated life with a widowed mother, went to consult a well-known psychic, whom we will call Mr. X. In the circle in which both Miss Y and Mr. X moved there was another, and prominent figure, whom we will call Mr. Z, who had a reputation for a knowledge of magic. (Sounds like it might be Aleister Crowley?)

"Mr. X told Miss Y that he had read the records of her past lives, and that there was a karmic tie between herself and Mr. Z, and that she could help him in his work by pouring out upon him her love and magnetism. She was instructed to meditate upon Mr. Z every night as she lay in bed until she fell asleep. This poor girl, lonely and unsuspecting, gave herself up unreservedly to the task.

"Presently, however, she began to grow uneasy. Her common sense asserted itself; for she found the meditations she was required to perform were having a very disturbing effect upon her; but Mr. X allayed her fears and recalled her to her allegiance by assuring her that he had looked into the future and seen that eventually Mr. Z

would marry her. By now she had upon her hands a heart-breaking love affair which was making her very unhappy and unfitting her for work.

"A number of letters were exchanged between Miss Y and Mr X which I have seen. I did my best to persuade her to drop the whole affair. Mr. X persuaded her to go on with it, playing upon her feelings and telling her how terrible would be the plight of Mr. Z if she withdrew her psychic support, and renewing his assurances of a karmic tie which would result in an ultimate



marriage if she were faithful. Miss Y, pitifully distressed and bewildered, betook herself to certain of the leaders of the organization to which all three of them belonged. These people seconded my advice that she should discontinue these practices but persuaded her to surrender the very compromising letters which were in her possession. Having secured these, they declared that the whole transaction was imagination upon her part, and instead of turning this choice pair of scoundrels out of their ranks, let them continue to function as usual.

DIVIDE AND CONQUER

"This would be a strange case if it were an isolated one, but it is not. Another woman came to me about this time in a state bordering on insanity, and told me that she too had been consulting Mr. X, who had told her that she had already received initiation on the Inner Planes, though she might not be conscious of it, and that her psychic faculties were on the point of opening, a stock remark of his; but if she wanted to make any real progress on the Path she must cease to live with her husband and he, Mr. X, would put her in touch with her astral soul-mate (Beware the metaphysical teacher, man or woman, who insists that husband and wife sleep apart!).

"The consequence of this precious advice was to break up her home and send her out of her mind. One day, walking in the Park, she met Mr. Z and declared him to be her astral lover, a statement which Mr. X confirmed, and embellished with the information that Mr. Z was also the Master who would initiate her.

"I tried to persuade her to bring the whole transaction to a summary conclusion and return to her husband, but she replied that she could never do this after the astral experience she had had. Mr. X re-established his influence over her, she left the address

at which I had known her, and I have never heard what became of her. Her condition when I last saw her was deplorable -- emaciated, wild-eyed and twitching with convulsive movement."



We mention Aleister Crowley, pictured here with the number of the Beast on his forehead, from the English magazine, "Man, Myth and Magic", because he was a contemporary of Dion Fortune and a self-confessed Black Magician. It is well known that his first wife went insane and had to be committed to an asylum, and other women closely associated with him either went insane or committed suicide -- without the slightest sign of remorse or regret on his part.

At this point the student might well ask if women are the only victims of this nocturnal vampirism. No, it seems that a sin-body, a Dweller that has been set loose by it's creator for nightly Astral scavenging is truly heterosexual, picking up sexual garbage from any handy victim of either sex. Remember, I was attacked by our hostess in the home of this group leader mentioned earlier in the talk.

A former Associate who used to live in the Vista area, and also very much alone by choice in a farm house in a remote spot, had been divorced for many years. He once told me of a trip up to Hollywood where he had a lengthy visit with a fairly well-known metaphysical teacher and occultist of the opposite sex. He returned home that night and after going to sleep he was the willing "victim" of a wanton seduction by an image of the teacher he had contacted the previous day. This happened three times that night! But far from being distressed by it he was boasting of the experience.

The major point of all this is that you must guard your life-force with your life! Once you have experienced the quickening of the Spirit, once you have awakened and are making a sincere effort to pierce the Veil, you become responsible for the use of your creative energies in a way unknown to the average, unawakened man or woman; and if you deliberately misuse them, or allow them to be stolen from you by yielding to sensual thoughts and dreams, those creative energies will be turned against you by Astral wolves and demons -- anything to turn you away from your self-chosen Path.

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